

California Department of Aging

Supplemental Nutrition Assistance Program-Education (SNAP-Ed)

Program / Element / Component – 10.10

Description

The SNAP-Ed Program provides evidence-based nutrition education and obesity prevention services to older adults age 60 and older at eligible Title III-C congregate nutrition sites and other venues. Through SNAP-Ed interventions, AAAs and their contractors offer nutrition education and obesity prevention services based on US Department of Agriculture, Food and Nutrition Services approved evidence-based nutrition education and obesity prevention programs. In addition, the Program incorporates policy, systems, and environmental change (PSE) strategies and, in some areas, social marketing related to Program goals.

Benefits

The Program's purpose is to increase participants' knowledge of how to make healthy food choices on a limited budget and engage in more active lifestyles in their homes and communities. The Program seeks to increase participants' consumption of fruits and vegetables, whole grains, fat-free or low-fat milk and milk products, and their ability to maintain an appropriate calorie balance. The Program also promotes physical activity appropriate to the needs and limitations of older adults. PSE strategies support healthy behavioral changes among older adults in the community.

Eligibility

<i>Income</i>	At or below 185 percent of the federal poverty level (FPL)
<i>Age</i>	60 and older

<i>Other</i>	<p>The SNAP-Ed eligible population comprises CalFresh recipients age 60 and older (i.e., persons with incomes at or below 130 percent of the FPL) and SNAP-Ed eligible individuals (i.e., persons with incomes at or below 185 percent of the FPL) age 60 or older. Program sites must meet CDA SNAP-Ed eligibility standards using 1 of 3 methodologies:</p> <ul style="list-style-type: none"> • <u>Methodology 1</u> – The site address must be within an eligible low-income census tract with greater than 50 percent of residents having incomes at or below 185 percent of the FPL; • <u>Methodology 2</u> – Fifty percent of site participants must have incomes at or below 100 percent of the FPL as determined by income levels identified on intake forms; or • <u>Methodology 3</u> – Fifty percent of site participants must have incomes at or below 185 percent of the FPL as determined by individual participant queries conducted at the meal site.
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Access

Information on the SNAP-Ed Program is available through the statewide toll-free Senior Information Line at 1-800-510-2020 and the California Department of Aging website at www.aging.ca.gov.

Current State Fiscal Year Funding Information (2014-15)

<i>Source</i>	United States Department of Agriculture, Food and Nutrition Service, SNAP-Ed Grant federal funds.
<i>Allocation Formula</i>	Each participating AAA receives a \$20,000 base allocation. The remainder of the allocation is based on the number of Medi-Cal eligible individuals in the service area, a count of the unduplicated OAA nutrition program participants, and a factor for geographic isolation (based on the geographic distribution of older individuals in the state).
<i>Match Requirements</i>	N/A
<i>Other Funding Information</i>	N/A
<i>Funding Cycle</i>	July 1 - June 30